Holiday Inn AN IHG° HOTEL

BANGKOK SUKHUMVIT

Zeta

Eats & treats

Restaurant Menu

Keep you going all day!

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Breakfast Set Breakfast

Continental Breakfast

THB 420

Your choice of juice: Orange, Pineapple, Apple, Guava or Tomato

Your choice of morning breakfast pastries (3 pieces) Choose from: Plain Croissant, Whole Wheat Croissant, Chocolate Danish, Fruit Danish, Doughnut, Chocolate Muffin, Low Fat Muffin, Soft Rolls, Hard Rolls, French Baquette, Whole Wheat Toast or Regular Toast

Served with choose 3: Butter, Margarine, Salted Butter, Strawberry Jam, Pineapple Jam, Orange Marmalade, Nutella, Peanut Butter, Honey

Seasonal Fresh Fruit Plate

Or Fruit-Flavored or Natural Low Fat Yoghurt

Freshly Brewed Tea or Coffee, Decaffeinated Coffee or Hot Chocolate

American Breakfast

THB 480

THB 440

Your choice of Continental Breakfast And 2 Eggs Cooked to Your Liking: Fried, Poached, Scrambled, Boiled or Omelette Served with sautéed mushrooms, grilled tomatoes, hash brown potatoes. And choice of: Chicken or Pork Sausage or Bacon or Baked Beans

Asian Breakfast

Your choice of juice: Orange, Pineapple, Apple, **Guava or Tomato**

Seasonal Fresh Fruit Plate

Your choice of Asian Breakfast Specialty: Khao Tom, Congee, Khai Jiew, Khao Phad

Your choice of beverage: Freshly Brewed Tea or Coffee, **Decaffeinated Coffee or Hot Chocolate**

A La Carte Breakfast

Juices Orange, Pineapple, Apple, Guava or Tomato	THB 160
Fresh Seasonal Fruit Plate Seasonal fresh fruit plate with sliced papaya, watermelon, cantaloupe & pineapple	THB 180
Whole Fruit Basket	THB 180

Selection	of greer	apple,	banana	& orange
		· • • • • • • • • • • • • • • • • • • •		

Fresh Fruit Salad THB 180 Seasonal Fruit Compote THB 180 Your choice of apple, peach or prune Yoghurt **THB 160**

Low Fat Yoghurt

Plain Yoghurt	Mixed Fruit Yoghurt

Morning Pastries Selection of 3 Pieces per Serving THB 160 Selection of 5 pieces per Serving THB 200

Plain Croissant
Low Fat Muffin
Plain Toast
Plain Toast

Doughnut Whole wheat croissant **Fruit Danish** Soft Roll **French Baguette**

Chocolate Danish Chocolate Muffin Whole Wheat toast

Served with choose 3

Butter	
Salted butter	
Honey	

Pineapple Jam Margarine **Peanut Butter**

Strawberry Jam **Orange Marmalade**

Coco Pop

Soy Milk

THB 180

Cereals

Corn Flakes **Rice Krispies** Muesli All bran Served with choice of : Whole Milk

Low Fat Milk

Nutella

THB 320

Selection of Emmenthal, Gouda, & Brie

Assorted Cheese plate

Assorted Cold Cuts plate THB 380

Selection of Parma ham, Salami & Mortadella served with condiments

Marinated Smoked Salmon Plate THB 350 served with Accompaniments

THB 220 Eggs Whole Egg or Egg White Omelette with your choice of fillings:

Onion	Tomato	Mushroom
Cheese	Ham	Bell Peppers

Two farm fresh eggs prepared to your liking: Fried, Poached, Scrambled or Boiled Served with grilled tomatoes, sautéed mushrooms, hash brown.

With your choice of chicken or pork sausage, bacon or baked beans.

Condiments: Choose 2

Tomato sauce	Chili sauce	Mustard sauce
Tabasco sauce		

Keep you going <mark>all day!</mark>

Zeta

Pancakes Waffles & French toast

Buttor Mill	k Pancakes	THB 200
French Toa		THB 200
Golden Wa		THB 200
All are served v	with berry compote & warr	n maple syrup
Oatmeal Post	orridge ld or hot milk & honey	THB 200
Original Bi	rcher Muesli	THB 200
Beverag	es	
Freshly Jui	ce	THB 160
Orange, pineap cantaloupe, to	pple, apple, watermelon, mato or carrot	
	o, Espresso, Latte, ee, Decaffeinated C	THB 140 Coffee
Double Esp	presso	THB 160
-	eakfast, Earl Grey T reen Tea, Chamomi	•
Milk		THB 140
Low fat	Full Fat	Soy Milk
Chilled		THB 140
	Coffee, Iced Chocolate, e, Iced Cappuccino	
Flavoured S	Sodas	THB 120
Coke, Coke Lig Ginger Ale, Ton	ht, Sprite, Fanta Orange, Iic Water, Soda	
Local Br	eakfast Speci	als

Khao Tom	THB 260
Boiled rice with pork, prawns or chicken	and soft-boiled egg
Congee	THB 260
Chinese soft rice porridge with minced p	oork and sliced ginger
Khai Jiew	THB 260
Thai omelette stuffed with your choice of minced chicken served with steamed rice	

Fried rice with choice of: chicken, beef, prawns, crab meat or vegetables

All Day

Zeta Signatu [:] Freshly Orange ju		THB 500
		pastries (3 pieces),
Choose from:		·····
Plain croissant	Low Fat Muffin	Whole Wheat Croiss
Hard Roll	Fruit Danish	Whole Wheat Toast
Doughnut	Soft Roll	Chocolate Danish
Plain Toast	Chocolate Muffin	
Served with cho	oose 3:	
Butter	Margarine	Pineapple Jam
Salted butter	Nutella	Strawberry Jam
Honey	Peanut Butter	Orange Marmalade
hash brown. With bacon or baked b	choice of chicken sa eans.	l tomato, sautéed mush usage or pork sausage c
Low Fat Yoghurt o		
Seasonal Fresh Fi	ruit Plate	
Your choice of tea	a, coffee, decaffeinat	ed coffee or hot chocola
Salads & A	Appetizers	petizer THB 280
Garden Green	n Salad Ap	Entrée THB 380
Garden Green Aixed greens with omato & cucumb	Salad Ap	Entrée THB 380 peppers,
Garden Green Aixed greens with omato & cucumb	Salad Ap iceberg, cos, carrots, ers. essing vinaigrette or v	Entrée THB 380 peppers,
Garden Green Aixed greens with omato & cucumb With choice of dre	Salad Ap iceberg, cos, carrots, ers. essing vinaigrette or v	Entrée THB 380 peppers, vasabi mayonnaise
Garden Green Mixed greens with omato & cucumb With choice of dre Nicoise Salad	Salad Ap iceberg, cos, carrots, ers. essing vinaigrette or v	Entrée THB 380 peppers, vasabi mayonnaise petizer THB 280 Entrée THB 380 eggs and greens
Garden Green Mixed greens with omato & cucumb With choice of dre Nicoise Salad	a Salad Ap iceberg, cos, carrots, ers. ersing vinaigrette or v l Ap is, potato, anchovies, olives and vinaigrette	Entrée THB 380 peppers, vasabi mayonnaise petizer THB 280 Entrée THB 380 eggs and greens
Garden Green Aixed greens with omato & cucumb With choice of dre Nicoise Salad Funa, French bean ossed with black	a Salad Ap iceberg, cos, carrots, ers. ersing vinaigrette or v l Ap is, potato, anchovies, olives and vinaigrette	Entrée THB 380 peppers, vasabi mayonnaise petizer THB 280 Entrée THB 380 eggs and greens
Garden Green Aixed greens with omato & cucumb With choice of dre Nicoise Salad Funa, French bean ossed with black Caprese	a Salad Ap iceberg, cos, carrots, ers. ersing vinaigrette or v l Ap is, potato, anchovies, olives and vinaigrette	Entrée THB 380 peppers, vasabi mayonnaise petizer THB 280 Entrée THB 380 eggs and greens e petizer THB 280 Entrée THB 280 Entrée THB 380
Garden Green Aixed greens with omato & cucumb With choice of dre Nicoise Salad Funa, French bean ossed with black Caprese	n Salad Ap n Salad Ap n iceberg, cos, carrots, ers. ers. issing vinaigrette or v L Ap ns, potato, anchovies, olives and vinaigrette Ap Mozzarella with basil	Entrée THB 380 peppers, vasabi mayonnaise petizer THB 280 Entrée THB 380 eggs and greens e petizer THB 280 Entrée THB 280 Entrée THB 380
Garden Green Aixed greens with omato & cucumb Vith choice of dre Vicoise Salad Funa, French beam ossed with black Caprese	n Salad Ap n Salad Ap n iceberg, cos, carrots, ers. ers. issing vinaigrette or v L Ap ns, potato, anchovies, olives and vinaigrette Ap Mozzarella with basil	Entrée THB 380 peppers, vasabi mayonnaise petizer THB 280 Entrée THB 380 eggs and greens e petizer THB 280 Entrée THB 380 Entrée THB 380
Garden Green Aixed greens with omato & cucumb With choice of dre Nicoise Salad Tuna, French beam ossed with black Caprese Tomato and fresh Caesar Salad	n Salad Ap n iceberg, cos, carrots, ers. ersing vinaigrette or v l Ap ns, potato, anchovies, olives and vinaigrette Ap Mozzarella with basil Ap vith classic anchovy of	Entrée THB 380 peppers, vasabi mayonnaise petizer THB 280 Entrée THB 380 eggs and greens petizer THB 280 Entrée THB 280 Entrée THB 380 petizer THB 280
Garden Green Aixed greens with omato & cucumb With choice of dre Nicoise Salad Funa, French bean ossed with black Caprese Fomato and fresh Caesar Salad Romaine lettuce with	n Salad Ap n iceberg, cos, carrots, ers. ersing vinaigrette or v l Ap ns, potato, anchovies, olives and vinaigrette Ap Mozzarella with basil Ap vith classic anchovy of	Entrée THB 380 peppers, vasabi mayonnaise petizer THB 280 Entrée THB 380 eggs and greens petizer THB 280 Entrée THB 380 petizer THB 280 Entrée THB 380 dipesto petizer THB 280 Entrée THB 380 dipesto
Garden Green Aixed greens with omato & cucumb With choice of dre Nicoise Salad Funa, French bean ossed with black Caprese Fomato and fresh Caesar Salad Romaine lettuce with Som Tum	n Salad Ap n iceberg, cos, carrots, ers. ersing vinaigrette or v l Ap ns, potato, anchovies, olives and vinaigrette Ap Mozzarella with basil Ap vith classic anchovy of	Entrée THB 380 peppers, vasabi mayonnaise petizer THB 280 Entrée THB 380 eggs and greens petizer THB 280 Entrée THB 380 petizer THB 280 Entrée THB 380 dipesto petizer THB 280 Entrée THB 380 diressing, crispy bacon,
Garden Green Aixed greens with omato & cucumb With choice of dre Nicoise Salad Funa, French bean ossed with black Caprese Fomato and fresh Caesar Salad Romaine lettuce with Som Tum	n Salad Ap n Salad Ap n iceberg, cos, carrots, ers.	Entrée THB 380 peppers, vasabi mayonnaise petizer THB 280 Entrée THB 380 eggs and greens petizer THB 280 Entrée THB 380 petizer THB 280 Entrée THB 380 dipesto petizer THB 280 Entrée THB 380 diressing, crispy bacon,

Keep you going <mark>all day!</mark>



Fettuccini, Penne, Spaghetti	THB 380
Bolognese, Carbonara, Arrabbiata	
Garlic Chili, Extra virgin olive oil	

From the grill and roasts

Tasmanian Salmon (180 G)	THB 500
Chicken Breast (140 G)	THB 420

Kurobuta Pork Chops (200 G)	THB 640
Australian Lamb Chops (3 pcs)	THB 760
Angus Beef Tenderloin (180 G)	THB 820

With your choice of mushroom sauce, herb jus, lemon butter, fresh green peppercorn or béarnaise sauce

And your choice of french fries, curly fries, baked potato or mashed potatoes or steamed rice

And your choice of garden salad or sautéed vegetables of the day

Side orders

THB 150

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French Fried, Coleslaw, Sauteed Spinach, Steamed Vegetables, Steamed Rice

Thai Specialities

Curry

Gaeng Kiew Wan	THB 260
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Chicken, pork, beef or vegetables in green curry with Thai eggplant

Gaeng	Paneang	THB	280
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Chicken pork or beef in sweet paneang curry paste with coconut milk

Stir Fried

Phad Kra Prao	THB 280
Stir-fried seafood, minced pork, chicken or	
beef with hot basil, and a fried egg	
Phad Pak Ruam Mit	THB 260
Stir-fried mixed vegetables	
Gai Phad Med Mamuang	THB 280
Stir fried chicken with capsicum and cashew nut	
Pla Kapong	THB 480
Sea bass fresh daily from the market prepared to your liking as below:	
Nueng Manao	
Steamed with chilli lime sauce	

- **Priew Wan** Deep fried and topped with sweet and sour sauce
- Sauce Sam Rot Deep fried and topped with sweet sour and chili sauce

All Thai dishes are served with steamed jasmine rice

Keep you going <mark>all day!</mark>



THB 400

Rice and Noodles

Khao Phad	THB 270
Fried rice with chicken, prawns, beef, crab meat or vegetables topped with a fried egg	
Phad Thai Koong	THB 270
Stir fried rice noodles in tamarind sauce with prawns	
Phad Sie Eiew	THB 270
Thick fried noodles with kale, chicken or pork and dark soy sauce.	

Japanese Specialities

Sashimi Selection with wasabi and soya sauce	THB 500
Sushi Selection with wasabi and soya sauce	THB 440
Assorted Sushi & Sashimi	THB 460
Bento Set Choice of: • Yakiniku Grilled beef with teriyaki sauce	THB 440
• Yaki Tori Grilled chicken and bell pepper with teri	THB 380 yaki sauce
• Sake Teriyaki or Shioyaki Grilled salmon with teriyaki sauce or roc	THB 420 k salt
• Tonkatsu Deep fried pork bread crumbed with tonl	THB 420 katsu sauce

Basmati rice cooked with seasonal vegetables and served with mint raita

Vegetable Biryani

Chicken	Biryani	THB 460	

Basmati rice cooked with tender morsels of chicken served with mint raita

Desserts

THB 240
THB 240
THB 80

Indian Specialities

Murgh Makhani	THB 380
Boneless chicken cooked in tomato and fenugre	eek sauce
Lamb Roganjosh	THB 400
Lamb stewed in onion and tomato gravy with Ir	ndian spices
Mater Paneer	THB 340
Cottage cheese and green peas in tomato and o	nion gravy
Dal Makhani Slow cooked black lentils	THB 300

All the above dishes are served with basmati rice, pickle & poppadum's